



DRONACHARYA CRICKET ACADEMY

ISO 9001:2015

"A GOOD COACH CAN CHANGE YOUR GAME,
BUT A GREAT COACH CAN CHANGE YOUR LIFE"



DRONACHARYA
CRICKET ACADEMY

“एक अच्छा कोच आपका खेल बदल सकता है,
लेकिन एक महान कोच आपकी जिंदगी बदल सकता है।”



DRONACHARYA CRICKET ACADEMY

Building Cricketers the Right Way

Choosing a cricket academy is a decision that shapes far more than a child's sporting ability. It influences discipline, confidence, thinking, and character. At Dronacharya Cricket Academy, cricket is taught as a craft, with patience, precision, and deep respect for the game. Every aspect of training is guided by a long-term vision rooted in experience, integrity, and proven coaching principles.

Our academy is the living legacy of Mr Gurcharan Singh, a Dronacharya and Padma Shri awardee, and one of the most decorated coaches in Indian cricket. We teach the same values and techniques that have produced world-class players for over fifty years.

We focus on the essentials: **solid technique, game intelligence, and strong character**. We avoid shortcuts because we know that long-term success is built on a foundation of discipline. If you want to play at the highest level, you need a philosophy that has already been there and proven its worth, decade after decade.

At Dronacharya Cricket Academy, player development follows a **Long-Term player Development** model aligned with the coaching philosophy and age-group framework followed by the **Board of Control for Cricket in India (BCCI)**.

Our programme is designed to nurture cricketers progressively, respecting biological age, skill acquisition stages, and mental maturity. The focus is on **technical excellence, game understanding, physical preparation, and character development**, ensuring players are prepared for district, state, and higher levels of cricket. *Discipline is non-negotiable all through.*





STAGE 1: **THE FOUNDATION STAGE**

Ages 6–9 | “Love the Game”

Introduces the game through structured play. The focus here is on developing fundamental skills like agility, balance, and coordination using soft balls and modified equipment. Technically, we introduce the basic batting grip and straight bat play alongside simple throwing and catching. The goal is to foster a love for the game in a pressure-free environment, emphasizing listening skills and team participation across three weekly sessions.



STAGE 2: **THE LEARNING STAGE**

Ages 9–12 | “Learning to Train”

The focus shifts toward serious skill acquisition and game awareness. This is where we establish strong technical habits in batting defence, bowling actions, and wicketkeeping. Training becomes more rigorous, extending to three or four sessions per week, with an introduction to core strength and injury prevention. We also begin teaching the tactical side of cricket, such as field placements and match rules, helping players handle the mental ups and downs of competition.



STAGE 3: **DEVELOPMENT STAGE**

Ages 13–15 | “Train to Compete”

Prepares cricketers for high-level district competition. We move into advanced stroke play, bowling variations, and role identification, whether as a specialist batsman, bowler, or all-rounder. This stage introduces formal strength and conditioning and utilizes Individual Development Plans to track progress. Mentally, we focus on performance routines and pressure management, ensuring players can read match situations and adapt to different formats.

STAGE 4: THE PERFORMANCE STAGE

Ages 16–18 | “Perform to Progress”



At this critical junction, the goal shifts from learning to competing. We prepare players for the rigors of district, state, and national trials through high-performance standards. This stage is about role-specific mastery and the ability to execute skills under extreme pressure. We utilize data-driven reviews and video analysis to fine-tune techniques, ensuring every player has a clear understanding of their "on-field identity."

Physicality becomes a priority here, with advanced strength and conditioning protocols alongside education on nutrition and recovery. More importantly, we focus on the "inner game"—teaching players how to handle the mental weight of selection, performance anxiety, and the accountability required of a professional. By providing exposure to elite club cricket and interactions with seasoned pros, we ensure our athletes are not just playing the game but mastering it.

STAGE 5: THE ELITE & TRANSITION STAGE

Ages 18+ | “Cricket as a Career”



This is where passion meets profession. For those transitioning into university, elite club, or professional circuits, Stage 5 provides a specialized support system designed for the long haul. We recognize that at 18 and beyond, every player's journey is unique. That's why we move toward personalized coaching plans and one-to-one mentorship that covers everything from elite skill refinement to lifestyle management.

We don't just focus on the scoreboard; we focus on the career. Our support system includes mental resilience training and networking opportunities to help cricketers find their footing in the professional world. Whether the goal is playing at the highest level or transitioning into coaching and sports education, we provide the pathway, the expertise, and the professional network to make "Cricket as a Career" a reality.



Matches & Competitive Exposure

Dronacharya Cricket Academy provides regular match exposure to trainees through a well-planned competitive calendar. Players across all age groups participate in both intra-academy and inter-academy matches, played at home as well as away grounds. In addition, the Academy organises and participates in three major tournaments every year, played in coloured clothing and under floodlights, giving players the experience of professional match conditions. This consistent match play helps young cricketers apply their training in real game situations, build confidence, and develop the temperament required for competitive cricket.



Exposure to Club Cricket

At Dronacharya Cricket Academy, development does not stop at coaching, it moves into real competition. Our trainees transition into elite club cricket through our exclusive affiliations with two top A Division clubs of the Delhi & District Cricket Association (DDCA): Neo Sports Cricket Club for junior players and Delhi Blues Cricket Club for senior cricketers.

As players progress, they compete in the Elite Premier Division of the DDCA League, the highest level of club cricket in Delhi. This exposure builds match temperament, mental strength, and professional discipline, key foundations for success at state, national, and higher levels.

With a strong focus on technical excellence, physical fitness, mental conditioning, and competitive match play, our club pathway develops confident, well-rounded cricketers ready to handle the pressures of elite cricket. This is the same ecosystem that has produced some of India's finest cricketers, and it continues to shape the next generation today.





Message from the Chief Coach

As a coach, I understand the trust you place in us when you send your child to the academy. Cricket is a beautiful game, but it requires patience, discipline, and the right guidance at the right age. Our promise to you is simple. Every child will be treated with care, honesty, and respect. We focus on strong fundamentals, correct habits, and long-term development rather than shortcuts or quick success. If your child learns to love the game, work hard, and stay grounded, success will come in its own time.

If you ever have a doubt or a question, we request you to please speak with our office staff and not the concerned coach. This helps coaches remain fully focused on training and match situations. We also kindly request parents to avoid giving instructions or interacting with their child or the coach during practice sessions or matches, as this can distract the player and affect learning. Your cooperation allows us to create the best possible learning environment for every child.

Gurcharan S



ACHIEVERS-2024-26



Digvesh Rathi (IPL)



Salil Malhotra (Ranji Trophy) (DPL)



Sahab Yuvraj Singh (Ranji Trophy)



Aarnav Koul (Under 19) (DPL)



Parnit Tiwari (Under 19)



Shoryaveer (Under 16)



Tanvi Chawla (Under 15)



Taniya (Under 23)

CELEBRATING EXCELLENCE IN CRICKET

Sports Diet & Nutrition Workshops

Dronacharya Cricket Academy strengthens its commitment to holistic player development by regularly organising Sports Nutrition Workshops in collaboration with expert professionals. The objective is clear and consistent: performance begins with proper nutrition.

Through these sessions, young cricketers understand how a balanced diet sustains energy during long and demanding matches. They learn how the right nutrients support muscle repair, accelerate recovery, and strengthen bones and muscles to reduce the risk of injury.

The workshops also emphasise how structured nutrition sharpens focus, improves decision-making under pressure, and enhances overall mental clarity. Equal importance is placed on building strong immunity, ensuring quality sleep, and maintaining overall well-being, all essential foundations for consistent, high-level performance.



Sport Psychology and Mental Training

Scientific assessment is a regular part of our training system. In collaboration with Sumona Institut of Behavioural Sciences, our trainees periodically undergo a Quick Sports Fitness Scan to evaluate both physical readiness and mental strength.

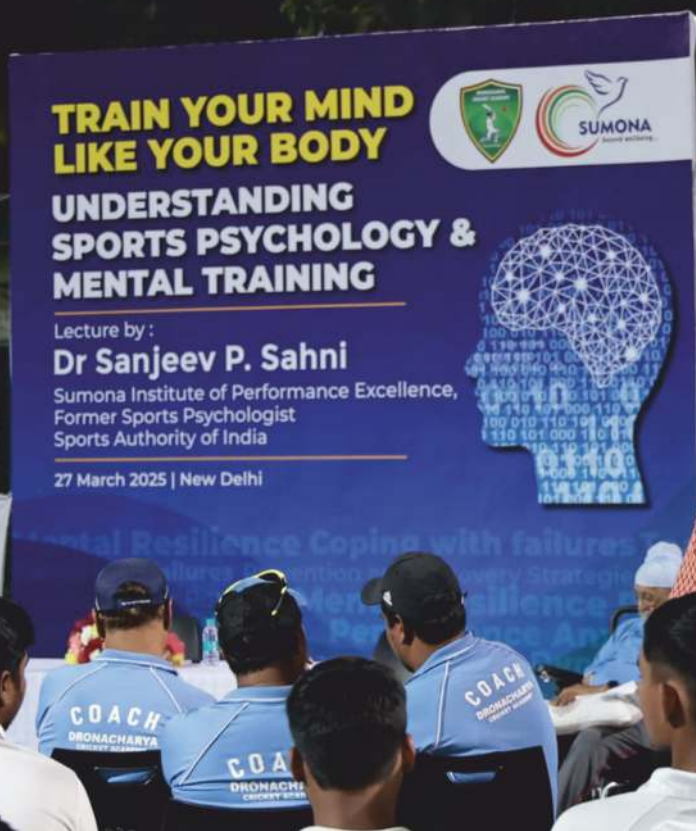
The focus is awareness, not comparison.

Key Parameters Assessed:

- * Heart Rate for endurance
- * GSR for stress response and mental toughness
- * SpO₂ for oxygen efficiency and alertness
- * BMI for body balance and training optimisation

Each player receives immediate feedback along with a brief one-on-one consultation with the experts, gaining clear, practical inputs for improvement.

At our academy, performance is not left to talent and instinct alone. It is measured, understood, and strengthened, body and mind together.





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THE INDIAN TEAM'S PRIDE: PLAYERS COACHED BY DRONACHARYA GURCHARAN SINGH



KIRTI AZAD
(1981 - 1986)



MANINDER SINGH
(1982 - 1993)



AJAY JADEJA
(1992 - 2001)



SURINDER KHANNA
(1979 - 1984)



GURSHARAN SINGH
(1990)



MURLI KARTIK
(2000 - 2007)



RAHUL SANGHVI
(1998 - 2001)



GAGAN KHODA
(1998)



NIKHIL CHOPRA
(1998 - 2000)



VIVEK RAZDAN
(1989 - 1990)



SUNIL VALSON
(1983 World Cup)



VIJAY MEHRA
(1994 - 1996) UAE



TWO PREMIER DDCA CLUBS,
TO PROVIDE OUR PLAYERS WITH
OPPORTUNITIES TO ADVANCE THEIR
SKILLS IN TOP-LEVEL COMPETITION.

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